

Questions for Young Men Informal Interview

18+ young men in Rwinkwavu interviewed by Mario

MAIN QUESTION BLOCK

1. Who are your role models?
2. How do you learn about sex in your community?
 - a. Who are the influencers in your community when it comes to family values and norms around sexuality?
 - b. What do the conversations around sex and contraceptives with your partner/peers/family look like?
 - c. How do you learn about sexual education in school?
 - i. If N/A, how would you feel about learning about sexual education in school?
 - d. How would you feel about having a conversation on safe sex with your family?
 - e. How would you feel about having a conversation on safe sex with your sexual/romantic partner?
 - f. What kinds of information about sex would young men like to know more about?
3. In what ways do you suggest we increase access to contraceptives?
4. What are some of the reasons why your peers do not use contraception?
5. How might the environment in your community become more tolerant and supportive of teenagers engaging in safe sex?
6. What does safe sex look like to you?
7. What is the image you have of a man wearing a condom?
8. Who is your Rwandese sex icon?

ADDITIONAL QUESTION BLOCK

9. Are athletes seen as sex icons in Rwanda?
10. Do you feel like you were provided adequate sexual education?
11. How compliant do you feel your peer group is in practicing safe sex?
12. Demonstration of how to wear a condom: CONDOMS =
13. What are thoughts on sexual education?
14. Who is typically responsible for purchasing contraception in a sexual relationship and why?
 - a. What are easy ways for [gender] teens to get access to contraceptives?
15. How important is it to you that you pick up contraceptives in a discreet way?
16. What are your biggest barriers to accessing contraceptives?
17. Have you ever felt excluded based on your gender or culture?
18. Give an example of a time one of your friends got someone pregnant. What was the reaction they received?
19. What are some contraceptives you are aware of?
20. What happens when you get a girl pregnant? Some girls feel that if don't have a baby between 15 and 23, they will be called an old maid. What do you think about that?

Questions for Young Women Focus Groups

- 1 group of teens 12-18 who have never been pregnant*
- 1 group of mothers in their early 20s who were teen moms*

Main facilitator: Megan and Lauren

Person in charge of minutes/recording: Joanna and Lindsey

Interview Guide

Thanks for agreeing to be part of the focus group. We appreciate your willingness to participate.

INTRODUCTIONS

We each introduce ourselves

PURPOSE OF FOCUS GROUPS

The reason we are having these focus groups is to find out the reasons behind the high rate of teenage pregnancies and figure out what resources can be mobilized to increase access to contraception for teens in the Rwinkwavu community. We need your input and want you to share your honest and open thoughts with us.

GROUND RULES

1. **WE WANT YOU TO DO THE TALKING.** We would like everyone to participate. I may call on you if I haven't heard from you in a while.
2. **THERE ARE NO RIGHT OR WRONG ANSWERS** Every person's experiences and opinions are important. Speak up whether you agree or disagree. We want to hear a wide range of opinions.
3. **WHAT IS SAID IN THIS ROOM STAYS HERE** We want folks to feel comfortable sharing when sensitive issues come up.
4. **WE WILL BE TAPE RECORDING THE GROUP** We want to capture everything you have to say. We don't identify anyone by name in our proposal. You will remain anonymous.
5. **DEFINITIONS** When we say 'sexual education' we mean learning about family planning methods, healthy communication with your romantic or sexual partner about sex, and how your reproductive system works, how your body changes over time, and how to protect your body and yourself.

- Intros:
 - pick 3 words to describe yourself (paper)

MAIN QUESTION BLOCK

1. What does an empowered young woman in your community look like? **ALL**
2. Who are your role models? **ALL**
3. How do you learn about sex in your community? **ALL**
 - a. Who are the influencers in your community when it comes to family values and norms around sexuality?

- b. What do the conversations around sex and contraceptives with your partner/peers/family look like?
- c. How do you learn about sexual education in school?
 - i. If N/A, how would you feel about learning about sexual education in school?
- d. How would you feel about having a conversation on safe sex with your family?
NOT MOMS
- e. How would you feel about having a conversation on safe sex with your sexual/romantic partner?
- 4. What are your biggest barriers to accessing contraceptives? **ALL**
 - a. In what ways do you suggest we increase access to contraceptives? **ALL**
- 5. How compliant do you feel your male counterparts are in practicing safe sex? Why? **ALL**
- 6. How might the environment in your community become more tolerant and supportive of teenagers engaging in safe sex? **ALL**
- 7. What does safe sex look like to you? **ALL**
- 8. What are some contraceptives you are aware of? **ALL**
- 9. What are some of the reasons why your peers get pregnant in their teenage years?
MOMS

ADDITIONAL QUESTION BLOCK:

- 10. Give an example of a time you had to reveal that you were pregnant and the reaction you received from your peers/parents/community?
- 11. Have you ever felt excluded based on your gender or culture?
- 12. Do you feel like you were provided adequate sexual education before pregnancy?
- 13. Who is typically responsible for purchasing contraception in a sexual relationship and why?
 - a. What are easy ways for [gender] teens to get access to contraceptives?
 - b. How important is it to you that you pick up contraceptives in a discreet way?
- 14. What kinds of information about sex would young men like to know more about?
- 15. What kinds of information about sex would young women like to know more about?

Questions for Subject Matter Expert

2:25-

- 1. What is your position and what work do you do?
- 2. What is Youth Corner and how is it addressing teenage pregnancy? Does it engage boys?
- 3. What are the biggest barriers to accessing contraceptives?
 - a. Do CHWs give out condoms?
 - b. Are teenagers flagged/identified by CHWs who are either sexually active or “at risk of becoming pregnant”? CHWs DO NOT IDENTIFY AT-RISK YOUTH
- 4. Are community healthcare workers provided specialized training when interacting with pregnant teenagers?

5. What initiatives are underway to educate boys about teenage pregnancy and the role they play?
6. What are general stigmas in Rwanda towards teenage pregnancy?
7. What have past efforts in reducing teenage pregnancy in Rwanda looked like?
8. What are your views on cultural attitudes towards contraceptives?
9. Do teenagers generally feel comfortable visiting the family planning clinic at the health centers for contraceptives?
 - a. Where else do teenagers get contraceptives?

Questions for Parents

1. What does a conversation about sex with your children look like?
2. What kind of images/messages do you think would be effective for a campaign that encourages parents to talk to their children about sex?
3. Are you comfortable having this conversation with your children? Why or why not?
4. If you had a Sex Talk Guide, would you feel comfortable using it with your child/children?